

## XLIV. For to make Rew de Rumfy.

Nym swynys fet and eyr<sup>o</sup> and make hem clene and seth hem alf wyth wyn and half wyth water cast mycyd onyons ther'to and god spicis and wan they be yfodyn nym and rosty hem in a gryder' wan it is yrosted keft thereto of the selve broth hy lyed wyth amydoñ and anyeyd onyons<sup>p</sup> and serve yt forth.

XLV. For to make Bukkenade<sup>q</sup>.

Nym god fresch flesch wat maner so yt be and hew yt in smale morselys and seth yt wyth gode fresch buf and cast ther'to gode mynced onyons and gode spicerye and alyth<sup>r</sup> wyth eyryn and boyle and dresse yt forth.

XLVI. For to make spine<sup>s</sup>.

Nym the flowrys of the haw thorn clene gaderyd and bray hem al to dust and temper hem wyth Almaunde mylk and aly yt wyth amydoñ and wyth eyryn wel pykke<sup>t</sup> and boyle it and messe yt forth and flowrys and levys abov̄y on<sup>u</sup>.

<sup>o</sup> To be understood plurally, *Ears*.

<sup>p</sup> Miswritten for *mycyd*, i. e. minced onyons.

<sup>q</sup> Vide N<sup>o</sup> 52.

<sup>r</sup> Stiffen, thicken it. See N<sup>o</sup> 44, where *lyed* has that sense. See also 46.

<sup>s</sup> This dish, no doubt, takes its name from *Spina*, of which it is made.

<sup>t</sup> Read, *pykke*, *thykke*.

<sup>u</sup> It means *laid upon it*.