

Fonnell<sup>u</sup>.xx.  
III. II.

Take Almand<sup>o</sup> unblāched. grynde hem and drawe hem up with gode broth. take a lombe<sup>x</sup> or a kidde and half rost h̄y. or the þridde<sup>y</sup> part, smyte hym ī gobet<sup>o</sup> and cast hym to the mylke. take smale bridd<sup>o</sup> yfasted and ystyned<sup>z</sup>. and do þto sug<sup>o</sup>, powdō of canell and salt, take zolkes of ayren<sup>h</sup> harde yfode and cleene<sup>a</sup> a two and ypanced<sup>b</sup> with flō of canell and florish þ sewe above. take alkenet fryed and yfōndred<sup>c</sup> and droppe above with a feþ<sup>d</sup> and messe it forth.

Douce ame<sup>e</sup>.xx.  
III. III.

Take gode Cowe mylke and do it in a pot. take þsel. sawge. ysope. saūay and oop<sup>o</sup> gode herbes. hewe hem and do hem in the mylke and seeþ hem. take capōns half yrosted and smyte hem on pecys and do þto pyn<sup>o</sup> and hony clarified. salt it and colō it with safrōn ā sūe it forth.

<sup>u</sup> Fonnell. Nothing in the recipe leads to the etymon of this multifarious dish.

<sup>x</sup> Lombe. Lamb.      <sup>y</sup> thridde. Third, per metathesin.

<sup>z</sup> yfasted and ystyned.      <sup>a</sup> cleue. cloven.

<sup>b</sup> ypanced. pounced.      <sup>c</sup> yfōndred. melted, dissolved.

<sup>d</sup> feþ. feather.

<sup>e</sup> Douce Ame. *Quaff*, a delicious dish. V. Blank Desire in Gloss. Titles of this tissue occur in Apicius. See Humelberg. p. 2.