

white sugar, 132. They, however, were not the same, for see N° 193. Sugar was clarified sometimes with wine^a.

Spices. *Species*. They are mentioned in general N° 133, and *whole spices*, 167, 168. but they are more commonly specified, and are indeed greatly used, though being imported from abroad, and from so far as Italy or the Levant (and even there must be dear), some may wonder at this: but it should be considered, that our Roll was chiefly compiled for the use of noble and princely tables; and the same may be said of the Editor's MS. The spices came from the same part of the world, and by the same route, as sugar did. The *spicery* was an ancient department at court, and had its proper officers.

As to the particular sorts, these are,

Cinamon. *Canell*. 14. 191. *Canel*, Editor's MS. 10. *Kanell*, *ibid.* 32. is the Italian *Canella*. See Chaucer. We have the flour or powder, N° 20. 62. See Wiclif. It is not once mentioned in Apicius.

Macys, 14. 121. Editor's MS. 10. *Maces*, 134. Editor's MS. 27. They are used whole, N° 158. and are always expressed plurally, though we now use the singular, *mace*. See Junii Etym.

^a N° 20. 148.