Il Piantone (Nobilta)

The man's introduction	1 - 4 5 - 8 9 - 10 11 - 12 13 - 14 15 - 16	RvL CnL CnR PsL PsR SgL PsR PsL SgR	The man begins with a long riverenza, doffing his hat, then replacing it. The man does two continenze. Walking towards the ladies, he does two passi. Continue with a Seguito left Continue with two more passi And a seguito right
Meeting passage	1 – 4 5 – 8 9 – 12 13 – 16	PtL PtR RvL Pause RvL	Facing a lady, do two puntati forwards. Do a riverenza to the lady. The man pauses, while the lady rises from her seat. The man and the lady both do a riverenza to each other, then take hands
Walking passage	1 - 2 3 - 4 5 - 6 7 - 8 9 - 10 11 - 12 13 - 14 15 - 16	PsL PsR SgL PsR PsL SgR PsL PsR SgL PsR PsL SgR	 Walking forwards, the couple do two passi. Continue with a Seguito left Continue with two more passi And a seguito right. At the end of this, bend your knees slightly as if doing a riverenza. Turning so that the man and the lady are walking away from each other, do two passi. Caroso says that the man should put his hat back on at this point. Continue with a Seguito left Continue with two more passi And a seguito right

Repeat

The dance can then be repeated as many times as you like, with the lady beginning with the introduction.

Other options include doing this dance once through to select a partner for another dance (say, a cascarda for a couple), then using it again to take your leave of your partner. Your partner would then begin with the introduction section of this dance to select a new partner, then the meeting and walking passage, and then continue with a new dance with her new partner.