

CANTVS.

Thou art my castle and defence, in my necessitie. My God, my rocke in
whom I trust, the vworker of my vwealth: My refuge, buckler and my
shield, the home of all my health.

TENOR, OF TILSONG.

Thou art my castle and defence, in my necessitie. My God, my rocke in
whom I trust, the vworker of my vwealth: My refuge, buckler and my
shield, the home of all my health.

- 3 VWhen I sing laud vnto the Lord,
most vvorthy to be serued:
Then from my foes I am right sure
that I shall be preferred.
4 The pangs of death did compass me,
and bound me euery vwhere:
The flowing vvaues of vvickednesse
did put me in great feare.
5 The snye and subtrill snares of hell
were found about me set:
And for my death there vvas preparede
a deadly trapping net.
6 I thus beset vvith paine and grieffe
did pray to God for grace:
And he forth vvith did heare my plaint
out of his holy place.
7 Such is his povver that in his vvraath,
he made the earth to quake:
Yea, the foundation of the mount
of Balan for to shake.
8 And from his nostrills came a smoake,
when kindled vvas his ire:
And from his mouth came kindled coals
of hor consuming fire.
9 The Lord descended from aboue,
and bowed the heaucns hie:
And vnderneath his fecte he cft

- the darkenesse of the skie.
10 On Cherubs and on Cherubins
full royally he roade:
And on the wings of all the vvindes,
came flying all abroad.

The second part.

- 11 And like a den most darke he made
his hid and secret place:
VVith vvatery black and syrie clouds
enuiromed he vvas.
12 But vwhen the presence of his face
in brightnesse shall appere:
The clouds consume, and in their head
came hayle and coales of fire.
13 These fiery darts and thunderbolts
dispersthem here and there:
And vvith his often lightnings
he putthem in great feare.
14 Lord at thy vvraath and threatnings,
and at thy chiding cheare:
The springs and the foundations
of all the vvorld appere.
15 And from aboue the Lord sent dovvn
to fetch me from belovv:
And pluckt me out of vvaterys great
that vwould me o-erthrow.

MEDIVS.

Thou art my castle and defence in my necessitie. My God, my rocke in
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shield, the home of all my health.

BASSVS.

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shield, the home of all my health.

- 16 And me deliuered from my foes,
that vvould haue made me thrall.
Yea, from such foes as were too strong
for me to deale vvithall.
17 They did preuent me to oppresse
in time of my great grieffe:
But yet the Lord vvas my defence,
my succour and relieffe.
18 He brought me forth in open place,
vvhereas I might be free,
And kept me safe because he had
a fauour vnto me.
19 And as I vvas an innocent
so did he me regard:
And to the cleanness of my hands
he gaue me my reuward.
20 For that, I vvalked in his vvayes,
and in his pathes haue trod:
And haue not vvauered vvickedly
against my Lord and God.

The third part.

- 21 But euermore I haue respect
to his law and decree:
His statutes and commandements
I cast not out from mee.
22 But pure, and cleane, and incorrupt,

- appearde before his face:
And did refraine from vvickednesse,
and sinne in any case.
23 The Lord therefore vvill me reuward
as I haue done aright:
And to the cleanness of my hands
appearing in his sight.
24 For Lord vvith him that holy is
vvilt thou be holy too:
And vvith the good and vvirtuous men
right vvirtuously vvilt doe.
25 And to the louing and clect
thy loue thou vvilt referre:
And thou vvilt vse the vvicked men,
as vvicked men deserue.
26 For thou dost faue the simple soles,
in trouble vwhen they lye:
And dost bring dovvn the countenance
of them that looke full hie.
27 The Lord vvill light my candle so,
that it shall shine full bright:
The Lord my God vvill make also
my darknesse to be light.
28 For by thy help an host of men
discomfit Lord I shall:
By thee I scale and ouer-leape
the strength of any vvall.