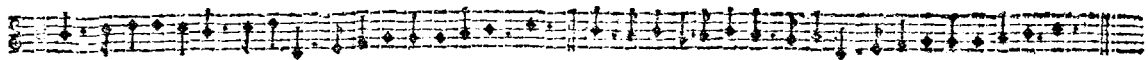
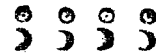


**the London Gentlewoman,  
Or the Hemp-Dresser**

*Longways for as many as will*



Lead up all a D. forward and backe . That againe :: First man change places with the 2. Wo. . Then with the 3. man . Then with the fourth Wo. . Then with the fift man . . Then with the fixe and so to the last.

Sides all . Lead up as before.

As before the doing it :: All doe this, changing as before .

Sides all . That againe .

First Cu Crosse over, fall into the 2. place . Crosse againe, fall into the 3. place . Crosse againe, fall into the fourth place . And so to the end, every Cu. doing the like.

Armes all . That againe .

Turne your own Wo. changing places . Turne each the 2. . Turne each the 3. . Turne each the fourth, and so to the last, the rest following.