Irish Trot

Longwayes for as many as will

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Lead up all a D. and back, fet and turne S. Lead downe all a D. and backe, fet and turne S. The first man take his Wo. with his right hand, then with his left, and so holding hands a crosse change places, fall backe from each other, meet againe, fall back, then armes with your Wo. and stay in your places, the man on the Wo. side, and his Wo. on the mens side hands in like maner with the 2. Wo. changing places with her on the right hand while the Wo. doth the like with the 2. man, holding him in her left hand, both Cu. fall back from each other, meet againe, fall back, armes with your owne and so forward to the rest, who following do the like.

Take your owne Wo. in your right hand, and the 2. Wo. on your left, meet the 2. man, fall back each man honour to his owne Wo. then to each others Wo. take them by the right hands, then your owne by the left hands, the first Cu. into the 2. place, and the 2. into the first place \_\_. The rest following \_\_:

Lead up all a D. and back, cust off all and meet, the first Cu. below, and the last Cu. above, take your We, in your lest hand and lead them all to the lest round about to the same places. Lead downe all a D. and back, Cast off and meet in your owne places, as at the first, take your We, in your right hands and lead them round about to the right hand, to your owne places.