

A T A B L E Explaining the Characters which are set downe in the Dances.

A Double is foure steps forward or back, closing both feet.

A Single is two steps, closing both feete.

Set and turne single, is a single to one hand, and a single to the other, and turne single.

D.	<i>Is for a Double.</i>
S.	<i>Is for a Single.</i>
Wo.	<i>Stands for woman.</i>
We.	<i>Stands for women.</i>
Cu.	<i>Stands for Couple.</i>
Co.	<i>Stands for Contrary.</i>
2.	<i>Stands for second.</i>
3.	<i>Stands for third.</i>
4.	<i>Stands for fourth.</i>
⋮	<i>Stands for a straine playd once.</i>
⋮	<i>Stands for a straine playd twice.</i>
⋮	<i>Stands for a straine playd thrice, &c.</i>
	<i>These Characters expresse the Figure of the Dance.</i>
☾	<i>This stands for the Men.</i>
○	<i>This for the women.</i>