

LIBER CURE COCORUM.

Up with þe same brothe, and do þe oysters þer in, and
Let hit boyle and cast salt þerin and messe hit forthe.

For a servise on fysshe day.

Fyrst white pese and porray þou take,
Cover þy white heryng for goddys sake;
þen cover red heryng and set abufe,
And mustard on heghe, for goddys lufe;
þen cover salt salmon on hast,
Salt ele þer wyth on þis course last.
For þe secunde course, so god me glad,
Take ryse and fletande signade,
þan salt fysshe and stok fysshe take þou schalle,
For last of þis course, so fayre me falle.
For þe iii cours sowpys dorre fyne,
And also lampronus in galentyne,
Bakun turbut and sawmon ibake
Alle fresshe, and smalle fysshe þou take
þer with, als trouþte, sperlynges ¹ and menwus with al,
And loches to hom sawce versance shal.

For a servise on flesshe day.

Fyrst wortes and salt befe þou shalle have,
With capon in erbe þer to I craue;
For þo fyrst cours, no more þou take,
But of þe secunde course now wylle I clake.
Fyrst take in selle, þan gose anon,
Bothe grys ² and vele and rostyd motone;
With gynger þo pigge eton shalle be,
And sorel with þo moton so mot I þe.

For anoþer maner of service on flesshe day.

Take fyrst grete pyes and frumenté
With venison, so mot I þe,

¹ the smelt.² pork.