

Trendel hom in platere and pyke hom clene,
 Devoyde po worme- etone alle bydene,
 In fressh water pou schalt hom caste,
 And boyle hom wyle pat pey breste;
 So sethe hom forthe al by dene,
 Quylle pay be boylde fayre and clene;
 Pen take pat brothe, and put per to
 Mynsyd onyons, with powder also
 Of peper, coloure hit with gode safroune,
 And put per to a lytel porc[i]oun
 Of ale, and sethe hit ryȝt wele, penne
 After cut crust of bred I kenne,
 Sware as dyse and put perto;
 Gyf hit a boylyng, no more ne myn,
 And serve hit forthe in to þe halle,
 Þese oþer pese ȝit make pou shalle.

For white pese after porray.

Take boyled water wyth honey swete,
 Sethe in þy pesone pat ben so sete,
 While pat pey lie be hom selfe pere
 With mynsud onyons and no more,
 To serve on fysshe day with grappays,
 With sele fysshe or ellis with porpays,
 Oþone fyssh dayes ȝif pat hit falle,
 Þus sethe þy pese I wot pou schalle;
 Temper hom in brothe of bacun clene
 And kepe þe gravé hit be not sene;
 Ȝif pay ben harde and wynnot alye
 Brysse hom or strene hom, Sir, wyturlye;
 Thre leches of bacun lay pou mot
 In brothe; and serve fulle wele pou wot
 With þy pese, pat soþun ar wele,
 To ete perwith, so have pou cele.
