

LIBER CURE COCORUM.

Coloure hit with safrone er pou more do;
 Take powder of peper and cast per to,
 Kerve appuls overtwert and cast perin,
 Frye hom in grece, no more ne mynne.

Crustate of flesshe.

Take peiuns and smalle chekuns with alle
 And oper smale bryddes, and hew hom smalle;
 And sethe hom alle togedur poo
 In brothe and in white grece, also
 In verius, and do per to safrone;
 Fyrst make a fole¹ trap² pou mun,
 Pynche hym, cowche³ hym py flesshe perby;
 Kast perin raysyns of corouns forthy,
 And powder dowce and salt gode won;
 Breke eyren and streyne hom thorowghe a clothe anone,
 And swyng py sewe perwyth penne,
 And helde hit onne pe flesshe I kenne,
 And kover py trap and hele hit wele,
 And serve hit forthe, Syr, at pe mele.

Loysyns.

In erthen pot put brothe for hast;
 Take floure of payndemayn, and make py past
 With water, per of py fele pou make
 With a roller, and drye hit, I undurtake
 Ajayne po sonne pat hit be harde;
 Kast perin brothe and make rewarde;
 To sethe hom take rawe chese anone
 And grate hit in disshes mony on
 With powder dowce; and lay per in
 Py loseyns abofe pe chese with wyune,
 And powder on last spryngil hit pou may;
 Pose loysyns er harde to make in fay.

¹ a thin paste made of flour and water. ² a dish or pie. ³ lay, place.