

And do hit in a barel þenne;
 Þe barel staf ful as I þe kenne,
 Stop wele þo hede for wynde and sone,
 For hit wylle payre þo venysone.

To keep herbꝝ over þe wyntur.

Take floure and rere þo cofyns¹ fyne,
 Wele stondande withouten stine;
 Take tenderons² of sauge with owte lesyng,
 And stop one fulle up to þo ryng;
 Þenne close þo lyd fayre and wele,
 Þat ayre go not oute never a dele,
 Do so with saveray, percil and rewe;
 And þenne bake hom harde, wel neþe brende;
 Sythun, kepe hom drye and to hom tent³;
 Þis powder schalle be of more vertu,
 Þen opone erþe when hit gru.

For lyoure best.

Take drye floure, in cofyne hit close,
 And bake hit hard, as I suppose;
 Þou may hit kepe alle þys fyve ȝere,
 Þere-with alye mony metes sere;
 Here endys oure sawce, þat I foretolde.

De cibis assatis.

Of rostyd mete now speke I wolde,
 For þer bene bestes þat schyne be rost,
 As conyng, pigges, ful wele þou wost,
 And foules also þat rostyd schyne be
 On diverse manere in her degré;
 And kostyf of motone, þat I wele knaw,
 Enbrochyd shal be, by ryȝt gode law;

¹ a raised crust.

² stalks.

³ attend.