

With gyngere, payndmayn paryd elene
 And groundyn in a mortar, þat is schene,
 Temperid up with venegur gode,
 With powder of gyngere and salt, by þo rode,
 And drawzen þorowghe a streynour mylde,
 Seruid forthe with pekok and pertrik wyld.

Galentyne.

Take crust of brede and grynde hit smalle,
 Take powder of galingale and temper with alle
 Powder of gyngere and salt also;
 Temper hit with venegur er þou more do,
 Drawze hit þurughe a streynour þenne,
 And messe hit forthe before gode menne.

Sawce camelyne, kervelettes and oþer thyngus.

Take raysons of corouns and kyrnels smalle
 Of notes, and do away þo schale,
 Take crust of brede and clowe in fere,
 And powder imaked of gode gyngere,
 Flowre of canel þou schalle take, þenne
 Bray alle togedur, as I þe kenne,
 In a mortar and salt þerto;
 Temper alle with venegur, þen hase þou do,
 And messe hit forthe; þis is sawce fyne,
 Þat men calles camelyne.

For lumbardus mustard.

Take mustarde and let hit drye
 Anonym, Sir, wyturlye;
 Stomper hit in a mortar fyne,
 And fars hit þurghe a clothe of lyne;
 Do wyne þerto and venegur gode,
 Sture hom wele togeder for þe rode,