

Gawncel for þe gose.

Take garlek and grynde hit wele forþy,
 Temper hit with water a lytel, perdy;
 Put floure þer to and also salt,
 Colour hit with safron I wot þou schalt;
 Temper hit up with cow-mylke þo,
 And sethe hit and serve hit forthe also.

Sawce for swannus.

Take þo offal and þo lyver of þo swan,
 In gode brothe þou sethe hom þan;
 When hit is sothyne, take oute þe bonus,
 Smalle hew þo flesshe, Syr, for þe nonus;
 Make alyoure of crust of brede,
 Of blode of swanne, þat sopun is lede,
 Caste powdur of gynger and clawes þer to,
 Of peper and wyn þou take also,
 And salt hit þen and sethe hit wele;
 Cast in þy flesshe, hewen yche a dele,
 And messe hit forthe, as I þe kenne,
 Set hit in sale before goode menne.

[Sawce] For cranys and herons.

The crane is enarmed ful wele I wot
 With larde of porke at on bare mot¹,
 Rostyd and eten with gode gingere,
 Þat is þo sawce þat servis þere;
 Þo heroun is rosted, as have I blys,
 And eton with gynger as his kynde is.

[Sawce] For pekokys and pertrikis.

Pekokys and pertrikys perboylyd schyn be,
 Lardy, rosted, eton, levys me,

¹ at one single blast of the horn.