

Capons in Cassolyce.

Take capons and schalde and pyke hom þen;
 þe skyn þou opon, as I þe kenne,
 Be hynde þo hede, blaw hym with penne;
 þenne ryses þo skyn before,
 Rayse up þo skyn alle hole abowte,
 Take porke and hen flesshe with outen doute,
 And þolkes of eyren and gode powder;
 Of alle þo thynges þou make farsure¹,
 And farse² þo skyn and perboyle hit wele;
 þen larde þo capone, rost hym yche dele;
 Of almonde mylke and amydone
 Make bater, and coloure hit anone
 With safron; serve hit at fyre rostande,
 Enbene hit wele withe þy ryȝt honde.

For to make momene.

Take whyte wyne, I telle þe,
 And sugur þerto ryȝt grete plenté;
 Take, bray þo brawne of aȝt capon;
 To a pot of oyle of on galon,
 And of hony a qwharte þou take;
 Do hit þer to as ever þou wake,
 Take powder þo mountenaunce³ of a pownde,
 And galingale ginger and canel rownde,
 And cast þer to, and styre hit; þenne
 Alle in on pot sethe hit, I kenne.

Lange de beof.

Take þo ox tonge and schalle hit wele,
 Sethe hit, broche hit in larde yche dele,
 With cloves of gelofer hit broch þou shalle,
 þen do hit to fyre and rost hit alle;

¹ stuffing.² to stuff.³ weight.