

Charlet.

Take swettest mylke, pat pou may have,
 Colour hit with safron, so God þe save;
 Take fresshe porke and sethe hit wele,
 And hew hit smalle every dele;
 Swyng eyryn, and do þer to;
 Set hit over þe fyre, þenne
 Boyle hit and sture lest hit brenne;
 Whenne hit welles up, pou schalt hit kele
 With a litel ale, so have pou cele;
 When hit is inoþe, pou sett hit doune,
 And kepe hit lest hit be to broune.

For Charlet icoloured.

Take almondes unblanchyd, wasshe hom and grynd;
 Temper hom with rede wyne, pat is so kynd;
 Alye hit up with floure of ryce,
 Do þer to pynys and saunders for spyce,
 For to coloure hit, loke pou do þis,
 And oper goode spyces pou take, iwys,
 Bothe strong and swete pou do þer to;
 Salt hit, boyle hit, sethe hit forthe po,
 With annes icomfet, florysshe hit pou schalle;
 Messe hit in dysshes to be served in halle.

Iusselle.

Take myud¹ bred, and eyren pou swyng²;
 Do hom togeder with out lettyng,
 Take fresshe broth of gode befe,
 Coloure hit with safron, pat is me lefe,
 Boyle hit softly, and in þo boylyng,
 Do þer to sage and persely þoyng.

¹ grated.² beat up.