

XXIV. For to make Rys Alker<sup>c</sup>.

Tak Figys and Reyfons and do away the Kernelis and a god party of Applys and do away the paryng of the Applis and the Kernelis and bray hem wel in a morter and temper hem up with Almande mylk and menge hem wyth flowr of Rys that yt be wel chariaunt and strew ther'upon powder of Galyngale and serve yt forth.

XXV. For to make Tartys of Fysch owt of Lente.

Mak the Cowche of fat chefe and gyngener and Canel and pur' crym of mylk of a Kow and of Helys yfodyn and grynd hem wel wyth Safron and mak the chowche of Canel and of Clowys and of Rys and of gode Spycys as other Tartys fallyth to be.

XXVI. For to make Morrey<sup>c</sup>.

Requir' de Carnibus ut supra<sup>d</sup>.

XXVII. For to make Flownys<sup>c</sup> in Lente.

Tak god Flowr and mak a Past and tak god mylk of Almandys and flowr of rys other amydon and boyle hem togeder' that they be wel chariaud wan yt is boylid thykke take yt up and ley yt on a feyr'

<sup>c</sup> Vide Part I. N<sup>o</sup> 37.

<sup>d</sup> Part I. N<sup>o</sup> 37.

<sup>e</sup> Perhaps, *Flawnes*, or Custards. Chaucer, vide *Slaunis*. Fr. *Flans*.