

and quibibz and do the fyfch in difchis and rape
abovyn and drefse yt forthe.

III. For to make Fygey.

Nym Lucys or tenchis and hak hem in morfell
and fry hem tak vyneger and the thredde party of
fugur myncy onyons smal and boyle al togedyr caft
ther'yn macis clowys quibibz and ferve yt forth.

IIII. For to make Pommys morles.

Nym Rys and bray hem^h wel and temper hem up
wyth almaunde mylk and boyle yt nym applyn and
par' hem and fher hem smal als dicis and caft hem
ther'yn after the boylyng and caft fugur wyth al and
colowr yt wyth fafron and caft ther'to poudere and
ferve yt forthe.

V. For to make rys moyleⁱ.

Nym rys and bray hem ryzt wel in a mortar and
caft ther'to god Almaunde mylk and fugur and falt
boyle yt and ferve yt forth.

VI. For to make Sowpys dorry.

Nym onyons and mynce hem fmale and fry hem in

^e This Rape is what the difh takes its name from. Perhaps
means *grape* from the French *rape*. Vide N^o 28.

^h Rice, as it confifts of grains, is here confidered as a plural.
See alfo N^o 5, 7, 8.

ⁱ Vide Gloff.