

Lumbard Mustard.

xx.
VII. V.

Take Mustard seed and waifhe it & drye it i an
ovene, grynde it drye. farfe it thurgh a farfe. clarifie
hony w wyne & vynes & stere it wel togedr and make
it thikke ynowz. & whan þ wilt spende þof make it
thyne w wyne.

Nota.

xx.
VII. VI.

Cranes ^s and Herons shul be armed ^h with lard of
Swyne. and eten with gyng.

Nota.

xx.
VII. VII.

Pokok and Prosted. and eten with gyngen.

^s Cranes. A dish frequent formerly at great tables. Archaeologia, II. p. 171. mentioned with Herons, as here, Ms. Ed. 3. where the same Recipe occurs. et v. Lel. Coll. IV. p. 226. VI. p. 38. Rabelais, IV. c. 59. E. of Devon's Feast.

^h armed. Ms. Ed. N^o 3. has *enarmed*, as may be read there. *Enarmed*, however, in Lel. Collect. IV. p. 225. means, decorated with coate of arms. Sheldes of Brawn are there *in armor*, p. 226. However, there is such a word as *enorned*. Leland, p. 280. 285. 297. which approaches nearer.