

avyfement of Maifters and ^s phifik ^h and of philofophie
 þat dwellid in his court. Firft it techiþ a man for to
 make cōmune potages and cōmune meetis for howſhold
 as þey ſhold be made craftly and holfomly. Aftirward
 it techiþ for to make curious potages ⁹ & meet ⁹ and ſotil-
 tees ⁱ for alle manē of States bothe hye and lowe. And
 the techyng of the fōme of making of potages & of meet ⁹
 bothe of fleſh and of fiſh. both ^k y fette here by
 noumbre and by ordre. ffo þis little table here ſewyng ⁱ
 wole teche a man with oute taryyng^r to fynde what
 meete ^þ hym luſt for to have.

or ^m to make groūden benes. I.
 F or to make drawen benes. II.
 f or to make grewel forced. III.
 C aboches in potage. IIII.
 r apes in potage. V.
 E owt ⁹ of Fleſh VI.

^s and. Read *of*.
^h Phifik. V. Preface.
ⁱ Sotiltees. Devices in paſte, wax, and confectionary ware; re-
 viving now, in ſome meaſure, in our grander deſerts. V. Index.
^k both. *Be*, or *are*. V. Index.
^l ſewyng. Following; from the French. Hence our *enſue* writ-
 ten formerly *enſew*. Skelton, p. 144; and *enſew*, Ames Typ.
 Ant. p. 9.
^m F is omitted for the reaſon given in note ^s.