

Jouyssance vous Donneray

Basse Danse Steps

SL -- Single Left, moving forwards.

Step forwards on the left foot, then join feet, stepping forwards on the right foot.

SR -- Single Right, moving forwards.

Step forwards on the right foot, then join feet, stepping forwards on the left foot.

DL -- Double Left, moving forwards.

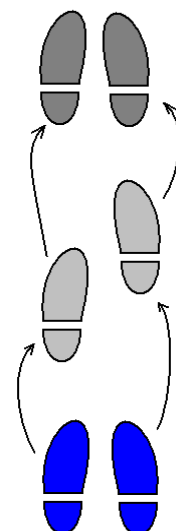
Step forwards on the left foot, then forwards on the right foot moving past the left foot, then forwards on the left foot, moving past the right foot, then join feet, stepping forwards on the right foot.

DR -- Double Right, moving forwards.

Step forwards on the right foot, then forwards on the left foot moving past the right foot, then forwards on the right foot, moving past the left foot, then join feet, stepping forwards on the left foot.

Rv -- Reverance

The reverance for a Basse Danse is done to four bars. It is basically a longish bow to your partner, moving one foot back, and bending forwards at the waist.



Br – Branle

On the first bar, turn the body to the left.

On the second bar, turn back to the right, glancing outwards at the spectators

On the third bar, turn back out to the left

On the fourth bar, turn back to the right, glancing towards your partner.

The movements are done with the body only, keeping the feet together.

Rp -- Reprise

A reprise in the French Basse Danse is done in four bars:

On the first bar, the dancers raise their right foot very slightly, and shake their feet as if shaking the snow off their boots.

On the second bar, repeat the above with the right foot.

On the third bar repeat the above, but this time with the left foot.

On the fourth bar repeat the above with the right foot once again.

Jouyssance Vous Donneray

This is a more complex Basse Danse than some, and certainly more complex than the majority of the French and Burgundian dances shown here.

The dance consists of two parts, the main Basse Danse and a Retour. Each part concludes with a Conge, or brief (1 bar) reverance, done to a high point in the music.

The Basse Danse sequence is:

Rv Br			
SL SR	DL	Rp DL	Rp Br
SL SR	DL DR DL	Rp DL	Rp Br
SL SR	DL		Rp Br
Conge			

The Retour is:

Br	DL		Rp Br
SL SR	DL DR DL	Rp DL	Rp Br
Conge			

Laid out as above, the dance is a little easier to remember. The main dance sequence consists of Single-Single-Double-Reprise-Double-Reprise-Branle. If you can remember this, then starting with the Reverance and the initial Branle, the dance becomes this:

1. Dance sequence.
 2. Dance sequence with two extra doubles inserted.
 3. Dance sequence with a Reprise-Double removed.
 4. Conge.
 5. Double-Reprise-Branle sequence. (The last three bits of a dance sequence).
 6. Dance sequence with two extra doubles inserted. (The same as 2).
 7. Conge.
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