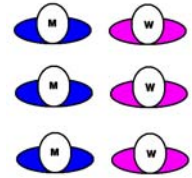


Grimstock

Starting Position This is a line dance for 3 couples.



Verse 1	1 – 4	DLf DRb	Double forwards and backwards
	5 – 8	STL	Face your partner, and set and turn left.
	9 – 12	DLf DRb	Double forwards and backwards
	13 – 16	STR	Face your partner, and set and turn right.

Chorus 1	1 – 8	Hey	The first couple begin a hey by going between the second couple, and around the outside of the third couple, and so on back to place. Essentially this is a hey for the 3 men, and a hey for the 3 women, both done at the same time, but in mirror image.
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Verse 2	1 – 4	Side L	Facing your partner, side left.
	5 – 8	STL	Set and turn left.
	9 – 12	Side R	Side right.
	13 – 16	STR	Set and turn right.

Chorus 2	1 – 8	Hey	The second hey is the same as the first hey, except that the couples remain holding hands while doing it. The first couple goes into the middle under the second couple's arms, then over the third, and so on back to place.
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Verse 3	1 – 4	Arm L	Facing your partner, arm left.
	5 – 8	STL	Set and turn left.
	9 – 12	Arm R	Arm right.
	13 – 16	STR	Set and turn right.

Chorus 3	1 – 8	Hey	The third hey is the same as the first hey, except that the top couple swaps places before beginning it, and crosses over again at the bottom of the set so that the man and lady come back up their own side. The second and third couples do not swap.
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