

# Este Gonzaga

This is a dance for two people. The reconstruction is by Adina Hamilton.

This is a very slow dance until the sciolta. It's all about doing the steps gracefully. Start the dance at the foot of the hall, holding both hands (like Contentezza d'Amore).

**Figure 1**  
**Part A**

1 - 4	RvL	Riverenza Grave	
5 - 8	CnL CnR	Two continenze, left and right. After completing this, drop both hands but remain facing each other in a line.	
9 - 12	SgL SgR	Moving sideways away from each other to the left and then back to the right to end up facing again.	
13 - 14	TbL TbR	Two trabuchetti, left then right	
15 - 16	RpL RpL	Riprese away from each other, back and to the left.	
17 - 20	SgR SgL	Two seguiti sideways, right then left.	
21 - 22	TbR TbL	Trabuchetti right then left	
23 - 24	RpR RpR	Riprese back and to the right. The dancers should end up somewhat apart, but more or less facing each other.	
25 - 28	SzL SzR	Two spezatti, to end up facing proper up the hall. Take hands as you meet.	
29 - 32	RvL	Riverenza Grave on the left foot.	

This requires two repeats of the part "A" music, as do the part A sections of the next three figures.

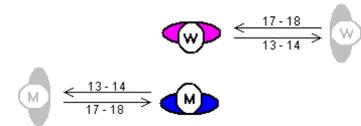
There is no part "B" in figure 1, although some recordings of the music have a part B. If you need to include a part B in the dance, then do the same part B as shown in figure 2.

Adina says: This is a perfectly OK interpretation – there is a mistake somewhere in the *Il Ballarino* text, and the decision whether or not to do a B section in the first figure is pretty arbitrary.

<b>Figure 2</b> <b>Part A</b> This section is done processing down the hall.	1 - 8	SgL SgR SgL SgR	Four seguiti beginning on the left foot.
	9 - 12	PtL PtR	Two puntate, left then right.
	13 - 14	PsL PsR	Two passi, left then right
	15 - 16	SgL	Seguito on the left foot.
	17 - 32	Repeat	Repeat all of the above, beginning on the right foot.

<b>Part B</b>	1 - 2	TbL TbR	Two trabuchetti, left then right.
	3 - 6	RvL	Riverenza on the left foot.

**Figure 3** Begin this figure by taking right hands, both facing forwards. The lady will have her right arm across the front of her body to hold the man's right hand.



<b>Figure 3</b>	1 - 2	PsL PsR	Two passi, left then right.
	3 - 6	SzL SzR	Spezatti left then right. At the end of this section, drop hands and turn to face each other, but turned slightly to your left.
	7 - 12	PsL PsR SzL SzR	Repeat the above steps, moving around into each others' places.
	13 - 14	SzL	Moving sideways away from each other to the left.
	15 - 16	RvMR	Riverenza minima on the left foot, end up by turning back to face each other as you come out of the riverenza.
	17 - 20	SzR RvML	Move back towards each other, end up facing each other after the riverenza.
	21 - 24	PsLb PsRb PsLb PsRb	Four passi moving backwards away from each other.
	25 - 28	SgL SgR	Doing a full turn around over your left shoulder
	29 - 32	SgL SgR	Moving back forwards in a zig-zag pattern to meet. End up facing improper up the hallway again

**Part B** Repeat part B from Figure 2

**Figure 4** Repeat Figure 3, this time beginning on the right foot, and ending up facing each other once again. Start the figure by taking left hands.

**Sciolta**

The music for the sciolta is in triple time (3/4 played quickly).

1 - 8	SzL SzR SzL SzR	Four Spezatti moving around each other, coming back into your own places
9 - 12	TbL TbR TbL TbR	Four trabuchetti facing each other
13 - 16	SzL SzR	Turning around over your left shoulder.
17 - 20	SzL RvMR	Spezatto moving forwards, then take right hands to do the riverenza.
21 - 24	SzR RvML	Repeat, taking left hands for the riverenza.
25 - 26	RpL RpL	Two riprese to the left.
27 - 28	TbL TbR	Trabuchetti left then right.
29 - 30	SzL CdR	Spezatto, turning over your left shoulder, finish with a Cadenza
31 - 32	PsLb PsRb	Two steps flankingly backwards away from each other
33 - 34	SgL	Seguito left, moving forwards to meet again.
35 - 38	RvR	Finish the dance by facing forwards again and doing a riverenza on the right foot.

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