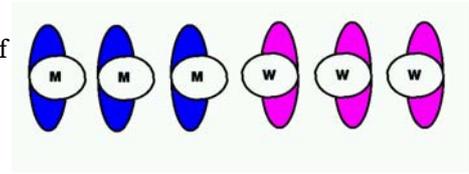


# Dargason

## Starting Position

This dance is for as many as will, standing in a line of men facing a line of women, like in the diagram. I find that it works best for about 3 or 4 couples – the music that I have is set up for 4 couples.



## Verse 1 – Sides

1 – 4	Side L	The man and woman in the center of the set (that are facing each other) side once.
5 – 8	STL & pass	The man and woman set and turn to each other, as they are turning they change places but remain facing in the same direction. They will now have brought another couple into the dance.
1 – 8 (repeated)	Continue	Continue the above sequence until everyone reaches the end of the set where they turn around, and continue back down the set to the other end, then turn around again and continue back to their places. The center couple will have to sit out a few rounds while the rest of the set returns to place. Everybody may also have to sit out one round when they reach the end of the set.

## Verse 2 – Arms

1 – 4	Arm L	Beginning with the center couple again, arm L back to your place.
5 – 8	STL & pass	Set and turn left, passing as above.
1 – 8 (repeated)	Continue	Continue the dance as above, but this time arming instead of siding.

## Verse 3 – Hey

1 – 8 (repeated)	Hey	Beginning with the center couple again, begin a hey and continue it as above until everyone gets back to their starting place again.
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## Notes

This is a very silly dance.

Cruciform Double Dargason is even sillier, with two dargason sets standing at right angles to each other and crossing in the middle.