

Contrapasso Nuovo

This is my reconstruction from Caroso's *Nobilta di Dame*. There is a completely different version of this dance in *Il Ballarino*, which is given elsewhere.

The dance is for 3 men and 3 ladies, standing in a circle all facing into the middle. Alternate around the circle so that you are standing man, lady, man, lady, man, lady. Stand about two paces apart, so that you are just not quite able to touch hands when you put your arms out sideways.

The music is, as far as I can tell, 40 bars long, played twice through. I have notated the dance here in "beats" which should be 2 per bar. So, each figure takes half of one repeat of the music, which is 40 beats, or 20 bars.

Figure I

1 - 4	RvL	Riverenza
5 - 8	CnL CnR	Continenza Left then Right

The next steps are done with everyone progressing around the circle to the left.

9 - 12	PL PR	Passo left then right
13 - 16	SgL	Seguito left

Reverse the previous steps so that you are progressing around the circle to the right, back to place.

17 - 20	PR PL	Passo right then left
21 - 24	SgR	Seguito right

Repeat the above two sections.

25 - 28	PL PR	Passo left then right
29 - 32	SgL	Seguito left
33 - 36	PR PL	Passo right then left
37 - 40	SgR	Seguito right

Figure II

In this section, partners face each other, and change places around the circle in the manner of a slow-ish hey.

1 - 4	PL PR	Passo left, then right
5 - 8	SgL	Seguito left, taking your partners right hand with your right hand, and progressing into their place.

Repeat the above two more times so that you progress half way around the circle, and are back with your original partner.

9 - 12	PR PL	Passo right then left
13 - 16	SgR	Seguito right
17 - 20	PL PR	Passo left then right
21 - 24	SgL	Seguito left

Now everyone progresses around the circle, left then right, just as in the opening passage.

25 - 28	PL PR	Passo left then right
29 - 32	SgL	Seguito left, bending the knees slightly at the end as if doing a meza riverenza.
33 - 36	PR PL	Passo right then left
37 - 40	SgR	Seguito right, also bending the knees slightly at the end.

Figure III – Chain passage around the ring

This is done in the manner of a faster hey. This time the men and ladies are changing places with one seguito. Your steps will have to be slightly larger here because you're doing 1 seguito to change places and not 2 passi and a seguito.

You do 6 seguiti left then right so that you make one full circuit, passing your partner once and ending back with your original partner at the end of the circuit

1 - 4	SgL	Seguito L
5 - 8	SgR	Seguito R
9 - 12	SgL	Seguito L
13 - 16	SgR	Seguito R
17 - 20	SgL	Seguito L
21 - 24	SgR	Seguito R

Facing your partner:

25 – 28	CnL CnR	Continenza left then right
29 – 32	RvL	Riverenza on the left foot

The next two sequences are the dopii alla francese, which basically don't move you from where you are. The trabs are done diagonally backwards, so in two trabs you go back as far as you come forwards in three small steps. The doubles are step-step-step-close, done quite quickly.

33 – 36	TbL TbR DL	trab L backwards, trab R backwards, very small double L forwards to finish where you started, closing feet.
37 – 40	TbR TbL DR	As above, beginning on the right foot.

Figure IV

Start by facing back into the center of the circle.

1 – 4	SgL	Seguito left, flankingly in towards the center of the circle.
5 – 8	SgR	Seguito right, flankingly in

You are now much closer in together in the center of the circle. Everyone take hands in the circle

9 – 12	CnL CnR	Continenza left then right
13 – 16	TbL TbR DL	Drop hands, then do a doppio francese, as before.
17 - 20	TbR TbL DR	As above, beginning on the right foot.
21 - 24	CnL CnR	Continenza left then right
25 - 28	SgL	Seguito diagonally backwards, L
29 – 32	SgR	Seguito diagonally backwards, R, bending the knees slightly at the end in the manner of a mezza riverenza.

You should now be back in your starting positions around the edge of the circle. Turn to face your partner for the concluding steps.

33 – 36	PtL PtR	Puntata forwards left, Puntata backwards right.
37 – 40	RvL	Riverenza
